



CLASS DESCRIPTIONS 24-25

Tots	45min	2-3yrs
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This class is an energetic, creative movement program designed for our youngest dancers. They will dance, stretch, sing & love all 45 minutes. The use of props and developmental movement games will instill rhythm, musicality and turn taking. Parents/Guardians must remain on premises throughout class.

Dancers can wear any clothing that allows comfortable movement while covering the midriff & bottom. Pink Ballet shoes with leather soles are required. Hair must be pulled back.

Littles	45min	4-6yrs
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Littles will learn core Ballet vocabulary. Movement foundations such as stage directions, technique and alignment, choreography and life skills will also be implemented. This 45-minute class fully encompasses turn taking, listening skills, movement, and fun.

Dancers can wear any clothing that allows comfortable movement while covering the midriff & bottom. Pink Ballet shoes with leather soles & black Tap shoes are required. Hair must be pulled back.

Combo	1hr	6-8yrs
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Our Combo classes are a great way for any young dancer to find their favorite dance style. We combine Ballet, Jazz, Tap and Hip Hop throughout each semester to expose children to various movement styles. Ballet provides structure and overall body awareness; Tap supports rhythm and musicality while Jazz & Hip Hop allow for more freedom of expression.

Dancers can wear any clothing that allows comfortable movement while covering the midriff & bottom. Tan Jazz shoes are required as well as black Tap shoes. Hair must be pulled back.



Sparklers 1

1hr

5-7yrs

Sparklers is an invite only classed designed with the most focused Littles in mind. This class will cover a variety of dance genres throughout the year with the focus on Ballet & Tap technique. They will learn core Ballet vocabulary. Movement foundations such as stage directions, technique and alignment, choreography and life skills will also be implemented. This hour-long class fully encompasses turn taking, listening skills, movement, and fun. Sparklers must be enrolled in at least one Summer Camp to be eligible for this invite only class.

Dancers can wear any clothing that allows comfortable movement while covering the midriff & bottom. Tan Jazz shoes & black Tap shoes are required. Hair must be pulled back.

Sparklers 2

1hr

6-8yrs

Sparklers is an invite only class designed with the most focused Combos in mind. This class will cover Ballet, Tap, Jazz & Hip Hop throughout the year with the focus on terminology & technique. They will learn core Ballet vocabulary. Movement foundations such as stage directions, technique and alignment, choreography and life skills will also be implemented. This hour-long class fully encompasses turn taking, listening skills, movement, and fun. Sparklers must be enrolled in at least one Summer Camp to be eligible for this invite only class. It's strongly encouraged that dancers in this class are registered for an additional weekly class.

Dancers can wear any clothing that allows comfortable movement while covering the midriff & bottom. Tan Jazz shoes are required as well as black Tap shoes. Hip Hop sneakers may be a required purchase for recital. Hair must be pulled back.

Sparklers 3

1hr

7-9yrs

Sparklers is an invite only class designed with the most focused Level 1 dancers in mind. This class will cover Ballet, Lyrical, Tap, Jazz & Hip Hop throughout the year with the focus on terminology & technique. They will learn core Ballet vocabulary. Movement foundations such as stage directions, technique and alignment, choreography and life skills will also be implemented. This hour-long class fully encompasses turn taking, listening skills, movement, and fun. **Sparklers must be enrolled in at least one Summer Camp plus an additional Level 1 class to be eligible for this invite only class.**

Dancers can wear any clothing that allows comfortable movement while covering the midriff & bottom. Tan Jazz shoes, black Tap shoes & black Hip Hop sneakers are required. Hair must be pulled back.



Ballet 1 **1hr** **7-9yrs**

Ballet is the foundation for all styles of dance. Dancers will learn basic technique and vocabulary, body alignment, and appropriate feet and arm positions. Students will enhance their skills by completing barre and center combinations, as well as progressions across the floor. The Level 1 class is designed for beginner level dancers ages 7-9yrs.

Dancers need to be in a plum-colored leotard with pink tights. Black skirts may be worn over leotard. Pink Ballet shoes are required. Hair must be pulled back in a bun off the neck.

Ballet 2 **1hr** **10yrs+**

Ballet is the foundation for all styles of dance. Dancers will learn basic technique and vocabulary, body alignment, and appropriate feet and arm positions. Students will enhance their skills by completing barre and center combinations, as well as progressions across the floor. The level 2 class is designed for beginning/intermediate level dancers. **This class must be taken 2 times per week.**

Dancers need to be in a navy-colored leotard with pink tights. Black skirts may be worn over leotard. Pink Ballet shoes are required. Hair must be pulled back in a bun off the neck.

Ballet 3 **1.25hrs** **By Level**

Ballet is the foundation for all styles of dance. Dancers will learn basic technique and vocabulary, body alignment, and appropriate feet and arm positions. Students will enhance their skills by completing barre and center combinations, as well as progressions across the floor. The level 3 class is designed for intermediate level dancers. Enrollment will be decided at the discretion of the Director and/or teacher. **This class must be taken 2 times per week.**

Dancers need to be in a teal-colored leotard with pink tights. Black skirts may be worn over leotard. Pink Ballet shoes are required. Hair must be pulled back in a bun off the neck.

Ballet 4 **1.5hrs** **By Level**

Ballet is the foundation for all styles of dance. Dancers will learn basic technique and vocabulary, body alignment, and appropriate feet and arm positions. Students will enhance their skills by completing barre and center combinations, as well as progressions across the floor. The level 4 class is designed for advanced level dancers. Enrollment will be decided at the discretion of the Director and/or teacher. **This class must be taken 2 times per week.**

Dancers need to be in a black colored leotard with pink tights. Black skirts may be worn over leotard. Pink Ballet shoes are required. Hair must be pulled back in a bun off the neck.



Pre-Pointe **45min** **By Level**

Pre-Pointe class is for Intermediate Ballet dancers interested in going en pointe. This class will teach strength and proper form as well as technique. Dancers must be evaluated by a physical therapist before going en pointe. The Pre-Pointe class is designed for intermediate level dancers only. Enrollment will be decided at the discretion of the Director and/or teacher. **Dancer must be enrolled in Ballet 2, Ballet 3 or Ballet 4 to be eligible for enrollment in the Pre-Pointe class.**

Dancers need to be in a black colored leotard or their associated Ballet class leotard with pink tights. Black skirts may be worn over leotard. Pink Ballet shoes & Pointe shoes are required. Hair must be pulled back in a bun off the neck.

Pointe 1/2 **1hr** **By Level**

Pointe class is for the most advanced Ballet dancers. This class will teach strength and proper form as well as technique. Dancers must be evaluated by a physical therapist before going en pointe. The Pointe class is designed for advanced level dancers only. Enrollment will be decided at the discretion of the Director and/or teacher. **Dancers must be enrolled in Ballet 3 or Ballet 4 to be eligible for enrollment in a Pointe class.**

Dancers need to be in a black colored leotard or their associated Ballet class leotard with pink tights. Black skirts may be worn over leotard. Pink Ballet shoes & Pointe shoes are required. Hair must be pulled back in a bun off the neck.

Pointe 3/4 **1hr** **By Level**

Pointe class is for the most advanced Ballet dancers. This class will teach strength and proper form as well as technique. Dancers must be evaluated by a physical therapist before going en pointe. The Pointe class is designed for advanced level dancers only. Enrollment will be decided at the discretion of the Director and/or teacher. **Dancers must be enrolled in Ballet 3 or Ballet 4 to be eligible for enrollment in a Pointe class.**

Dancers need to be in a black colored leotard or their associated Ballet class leotard with pink tights. Black skirts may be worn over leotard. Pink Ballet shoes & pointe shoes are required. Hair must be pulled back in a bun off the neck.

Contemporary 1 **1hr** **7-9yrs**

Contemporary dance is a style of expressive dance that combines many other dance genres. This class is designed to facilitate a connection between the dancer, the music & emotional expression. The Contemporary 1 class is designed for beginning level dancers age 7-9yrs.

Dancers can wear any clothing that allows comfortable movement while covering the midriff & bottom. Apolla dance socks or bare feet are required. Hair must be pulled back.



Contemporary 2 **1hr** **10yrs+**

Contemporary dance is a style of expressive dance that combines many other dance genres. This class is designed to facilitate a connection between the dancer, the music & emotional expression. The Contemporary 2 class is designed for beginning/intermediate level dancers age 10yrs+. It's strongly encouraged that dancers in this class are registered for an additional Ballet class.

Dancers can wear any clothing that allows comfortable movement while covering the midriff & bottom. Apolla dance socks are required. Hair must be pulled back.

Contemporary 3 **1hr** **By Level**

Contemporary dance is a style of expressive dance that combines many other dance genres. This class is designed to facilitate a connection between the dancer, the music & emotional expression. The Contemporary 3 class is designed for intermediate/advanced level dancers. Enrollment will be decided at the discretion of the Director and/or teacher. **Dancer must be enrolled in a Ballet class to be eligible for enrollment in this Contemporary class.**

Dancers can wear any clothing that allows comfortable movement while covering the midriff & bottom. Apolla dance socks are required. Hair must be pulled back.

Contemporary 4 **1hr** **By Level**

Contemporary dance is a style of expressive dance that combines many other dance genres. This class is designed to facilitate a connection between the dancer, the music & emotional expression. The Contemporary 4 class is designed for advanced level dancers. Enrollment will be decided at the discretion of the Director and/or teacher.

Dancer must be enrolled in a Ballet class to be eligible for enrollment in this Contemporary class.

Dancers can wear any clothing that allows comfortable movement while covering the midriff & bottom. Apolla dance socks are required. Hair must be pulled back.

Jazz 1 **1hr** **7-9yrs**

Jazz classes teach basic to advanced terminology, technique & choreography. Dancers will warm up, stretch, condition, work on progressions across the floor and choreography. The level 1 class is designed for beginner level dancers age 7-9yrs.

Dancers can wear any clothing that allows comfortable movement while covering the midriff & bottom. Tan Jazz shoes are required. Hair must be pulled back.



Jazz 2 **1hr** **10yrs+**

Jazz classes teach basic to advanced terminology, technique & choreography. Dancers will warm up, stretch, condition, work on progressions across the floor and choreography. The level 2 class is designed for beginner/intermediate level dancers age 10yrs+.

Dancers can wear any clothing that allows comfortable movement while covering the midriff & bottom. Tan Jazz shoes are required. Hair must be pulled back.

Jazz 3 **1.25hrs** **By Level**

Jazz classes teach basic to advanced terminology, technique & choreography. Dancers will warm up, stretch, condition, work on progressions across the floor and choreography. The level 3 class is designed for intermediate level dancers. Enrollment will be decided at the discretion of the Director and/or teacher.

Dancers can wear any clothing that allows comfortable movement while covering the midriff & bottom. Tan Jazz shoes are required. Hair must be pulled back.

Jazz 4 **1.5hrs** **By Level**

Jazz classes teach basic to advanced terminology, technique & choreography. Dancers will warm up, stretch, condition, work on progressions across the floor and choreography. The level 4 class is designed for advanced level dancers. Enrollment will be decided at the discretion of the Director and/or teacher.

Dancers can wear any clothing that allows comfortable movement while covering the midriff & bottom. Tan Jazz shoes are required. Hair must be pulled back.

Tap 1 **1hr** **7-9yrs**

Tap classes teach basic to advanced terminology, technique & choreography. Students will work on various rhythms, traditional timesteps, progressions across the floor & contemporary tap tricks. The level 1 class is designed for beginner level dancers age 7-9yrs.

Dancers can wear any clothing that allows comfortable movement while covering the midriff & bottom. Black Tap shoes are required. Hair must be pulled back.



Tap 2 **1hr** **10yrs+**

Tap classes teach basic to advanced terminology, technique & choreography. Students will work on various rhythms, traditional timesteps, progressions across the floor & contemporary tap tricks. The Level 2 class is designed for beginning/intermediate level dancers age 10yrs+.

Dancers can wear any clothing that allows comfortable movement while covering the midriff & bottom. Black Tap shoes are required. Hair must be pulled back.

Tap 3 **1hr** **By Level**

Tap classes teach basic to advanced terminology, technique & choreography. Students will work on various rhythms, traditional timesteps, progressions across the floor & contemporary tap tricks. The Level 3 class is designed for intermediate level dancers. Enrollment will be decided at the discretion of the Director and/or teacher.

Dancers can wear any clothing that allows comfortable movement while covering the midriff & bottom. Black Tap shoes are required. Hair must be pulled back.

Tap 4 **1hr** **By Level**

Tap classes teach basic to advanced terminology, technique & choreography. Students will work on various rhythms, traditional timesteps, progressions across the floor & contemporary tap tricks. The Level 4 class is designed for advanced level dancers. Enrollment will be decided at the discretion of the Director and/or teacher.

Dancers can wear any clothing that allows comfortable movement while covering the midriff & bottom. Black Tap shoes are required. Hair must be pulled back.

Hip Hop 1 **1hr** **7-9yrs**

Hip Hop is a high energy, fast paced class that teaches contemporary dance movement. Students will learn the newest dance moves to current, appropriate music. Everything from old school Hip Hop moves to basic Break Dancing will be explored. The Level 1 class is designed for beginner level dancers age 7-9yrs.

Dancers can wear any clothing that allows comfortable movement while covering the midriff & bottom. All black (including the sole & laces) Hip Hop sneakers are required. Hair must be pulled back.



Hip Hop 2

1hr

10yrs+

Hip Hop is a high energy, fast paced class that teaches contemporary dance movement. Students will learn the newest dance moves to current, appropriate music. Everything from old school Hip Hop moves to basic Break Dancing will be explored. The Level 2 class is designed for beginner/intermediate level dancers age 10yrs+.

Dancers can wear any clothing that allows comfortable movement while covering the midriff & bottom. All black (including the sole & laces) Hip Hop sneakers are required. Hair must be pulled back.

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Dancers can wear any clothing that allows comfortable movement while covering the midriff & bottom. All black (including the sole & laces) Hip Hop sneakers are required. Hair must be pulled back.

Medley

45min

8yrs+

Medley is our voice class. This class has been created for those students that have a strong desire to sing & learn basic music concepts. Students will learn healthy vocal techniques as well as how to harmonize & sing with a group. A variety of musical genres will be covered.

Voice students can wear any clothing that allows comfortable movement while covering the midriff & bottom. Tan Jazz shoes are required. Hair must be pulled back.



Triple Threat 1

1hr

7-9yrs

Triple Threat is a Musical Theatre class that focuses on Broadway style dance and performance genres. Acting and voice lessons will rotate among movement lessons. Students will learn choreography and music from past and present Broadway musicals. The Level 1 class is designed for beginner level performers age 7-9yrs.

Dancers can wear any clothing that allows comfortable movement while covering the midriff & bottom. Tan Jazz shoes are required. Hair must be pulled back.

Triple Threat 2

1hr

10yrs+

Triple Threat is a Musical Theatre class that focuses on Broadway style dance and performance genres. Acting and voice lessons will rotate among movement lessons. Students will learn choreography and music from past and present Broadway musicals. The Level 2 class is designed for beginner/intermediate level performers age 10yrs+.

Dancers can wear any clothing that allows comfortable movement while covering the midriff & bottom. Tan Jazz shoes are required. Hair must be pulled back.

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By Level

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Dancers can wear any clothing that allows comfortable movement while covering the midriff & bottom. Tan Jazz shoes are required. Hair must be pulled back.

Triple Threat 4

1hr

By Level

Triple Threat is a Musical Theatre class that focuses on Broadway style dance and performance genres. Acting and voice lessons will rotate among movement lessons. Students will learn choreography and music from past and present Broadway musicals. The Level 4 class is designed for advanced level performers. Enrollment will be decided at the discretion of the Director and/or teacher.

Dancers can wear any clothing that allows comfortable movement while covering the midriff & bottom. Tan Jazz shoes & character shoes are required. Hair must be pulled back.



Ballroom	1hr	10yrs+
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This class will explore the different variations of the Ballroom genre of dance. Students will learn musicality, coordination, improv & basic motor skills. A variety of ballroom styles will be covered from rhythm styles like the Cha Cha to smooth styles like the Waltz.

Dancers can wear any clothing that allows comfortable movement while covering the midriff & bottom. Ballroom shoes are required. Hair must be pulled back.

Acro	1hr	10yrs+
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This class is designed to help dancers feel comfortable with their body while moving upside down & through space. They will condition their bodies to be able to perform safe acro movements such as walkovers, aerials & other acro tricks. Strength & flexibility will be focused on in this class.

Dancers can wear any clothing that allows comfortable movement while covering the midriff & bottom. No shoes are required. Hair must be pulled back.

Private Lessons	30min/1hr	8yrs+
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Private Lessons are designed for the serious dancer that wants personalized instruction in any genre of dance, acting, voice or piano. They can be arranged for 25min or 55min lessons. Private Lessons can be purchased as a package of 4 - if time permits - or arranged as a weekly lesson. Weekly lessons of at least 55min will have a solo in the annual recital. Choreography fees may apply.

Dancers can wear any clothing that allows comfortable movement while covering the midriff & bottom. Required shoes are dependent upon the style of dance. Hair must be pulled back.

Performance Company	1.5-2hrs	9yrs+
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Performance Company will provide focused dancers with an opportunity to perform around the community. Dancers will meet on Wednesdays to learn and perfect choreography in preparation for various events - Griz games, parades, fairs & other events. Dancers must be enrolled in Ballet & Triple Threat. Jazz, Tap, Voice and Acting lessons are strongly recommended. Company fees TBD. Enrollment will be decided during a spring audition as well as at the discretion of the Director.

Dancers can wear any clothing that allows comfortable movement while covering the midriff & bottom. Required shoes are dependent upon the style of dance. Hair must be pulled back.



Competition Company

1.5-2hrs

By Level

Competition Company will provide the most focused and advanced dancers with an opportunity to compete at local, regional & national levels. Dancers will meet on Tuesdays to learn and perfect choreography in preparation for various competitions & events. Performance Company membership is mandatory. Dancers must be enrolled in Ballet, Jazz, Tap & Triple Threat. Contemporary, Hip Hop, Ballroom, Acro, Voice and Acting lessons are strongly recommended. Company fees TBD. Enrollment will be decided during a spring audition as well as at the discretion of the Director.

Dancers can wear any clothing that allows comfortable movement while covering the midriff & bottom. Required shoes are dependent upon the style of dance. Hair must be pulled back.

NOTE: Every class will end 5min early to account for transitional time between classes.