



CLASS DESCRIPTIONS 26-27

Tots	30min	2-3yrs
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This class is an energetic, creative movement program designed for our youngest dancers. They will dance, stretch, sing & love all 30 minutes. The use of props and developmental movement games will instill rhythm, musicality and turn taking. Parents/Guardians must remain on premises throughout class.

Dancers can wear any clothing that allows comfortable movement while covering the midriff & bottom. Pink Ballet shoes with leather soles are required. **No dangly jewelry.**

Littles	45min	4-6yrs
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Littles will learn core Ballet & Tap vocabulary. Movement foundations such as stage directions, technique and alignment, choreography and life skills will also be implemented. This 45-minute class fully encompasses turn taking, listening skills, movement, and fun.

Dancers can wear any clothing that allows comfortable movement while covering the midriff & bottom. Pink Ballet shoes with leather soles & black Tap shoes are required. **No dangly jewelry.**

Combo	1hr	6-8yrs
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Our Combo classes are a great way for any young dancer to find their favorite dance style. We combine Ballet, Jazz, Tap and Hip Hop throughout each semester to expose children to various movement styles. Ballet provides structure and overall body awareness; Tap supports rhythm and musicality while Jazz & Hip Hop allow for more freedom of expression.

Dancers can wear any clothing that allows comfortable movement while covering the midriff & bottom. Tan Jazz shoes & black Tap shoes are required. **No dangly jewelry.**



Sparklers 1

1hr

5-7yrs

Sparklers is an invite-only class designed with the most focused Littles in mind. This class will cover a variety of dance genres throughout the year with the focus on Ballet & Tap technique. They will learn core Ballet vocabulary. Movement foundations such as stage directions, technique and alignment, choreography and life skills will also be implemented. This hour-long class fully encompasses turn taking, listening skills, movement, and fun. **Sparklers must be enrolled in at least one Summer Camp to be eligible for this invite-only class.**

Dancers can wear any clothing that allows comfortable movement while covering the midriff & bottom. Tan Jazz shoes & black Tap shoes are required. **No dangly jewelry.**

Sparklers 2

1hr

6-8yrs

Sparklers is an invite-only class designed with the most focused Combos in mind. This class will cover Ballet, Tap, Jazz & Hip Hop throughout the year with the focus on terminology & technique. They will learn core Ballet vocabulary. Movement foundations such as stage directions, technique and alignment, choreography and life skills will also be implemented. This hour-long class fully encompasses turn taking, listening skills, movement, and fun. **Sparklers must be enrolled in at least one Summer Camp to be eligible for this invite-only class.** It's strongly encouraged that dancers in this class are registered for an additional weekly class.

Dancers can wear any clothing that allows comfortable movement while covering the midriff & bottom. Tan Jazz shoes & black Tap shoes are required. Black Hip Hop sneakers may be required for recital. **No dangly jewelry.**

Sparklers 3

1hr

7-9yrs

Sparklers is an invite-only class designed with the most focused Level 1 dancers in mind. This class will cover Ballet, Lyrical, Tap, Jazz & Hip Hop throughout the year with the focus on terminology & technique. They will learn core Ballet vocabulary. Movement foundations such as stage directions, technique and alignment, choreography and life skills will also be implemented. This hour-long class fully encompasses turn taking, listening skills, movement, and fun. **Sparklers must be enrolled in at least one Summer Camp plus an additional Level 1 class to be eligible for this invite-only class.**

Dancers can wear any clothing that allows comfortable movement while covering the midriff & bottom. Tan Jazz shoes, black Hip Hop shoes & black Tap shoes are required. **No dangly jewelry.**



Ballet 1

1hr

7-9yrs

Ballet is the foundation for all styles of dance. Dancers will learn basic technique and vocabulary, body alignment, and appropriate feet and arm positions. Students will enhance their skills by completing barre and center combinations, as well as progressions across the floor. The level 1 class is designed for beginner level dancers ages 7-9yrs.

Dancers need to be in a plum-colored leotard with pink tights. Black skirts may be worn over leotard. Pink Ballet shoes are required. Hair must be pulled back in a bun off the neck. **No dangly jewelry.**

Ballet 2

1hr

10yrs+

Ballet is the foundation for all styles of dance. Dancers will learn basic technique and vocabulary, body alignment, and appropriate feet and arm positions. Students will enhance their skills by completing barre and center combinations, as well as progressions across the floor. The level 2 class is designed for beginning/intermediate level dancers. **This class must be taken 2 times per week.**

Dancers need to be in a navy-colored leotard with pink tights. Black skirts may be worn over leotard. Pink Ballet shoes are required. Hair must be pulled back in a bun off the neck. **No dangly jewelry.**

Ballet 3

1.25hrs

By Level

Ballet is the foundation for all styles of dance. Dancers will learn basic technique and vocabulary, body alignment, and appropriate feet and arm positions. Students will enhance their skills by completing barre and center combinations, as well as progressions across the floor. The level 3 class is designed for intermediate level dancers. Enrollment will be decided at the discretion of the Director and/or teacher. **This class must be taken 2 times per week.**

Dancers need to be in a teal-colored leotard with pink tights. Black skirts may be worn over leotard. Pink Ballet shoes are required. Hair must be pulled back in a bun off the neck. **No dangly jewelry.**

Ballet 4

1.5hrs

By Level

Ballet is the foundation for all styles of dance. Dancers will learn basic technique and vocabulary, body alignment, and appropriate feet and arm positions. Students will enhance their skills by completing barre and center combinations, as well as progressions across the floor. The level 4 class is designed for advanced level dancers. Enrollment will be decided at the discretion of the Director and/or teacher. **This class must be taken 2 times per week.**

Dancers need to be in a black-colored leotard with pink tights. Black skirts may be worn over leotard. Pink Ballet shoes are required. Hair must be pulled back in a bun off the neck. **No dangly jewelry.**



Pre-Pointe

1hr

By Level

Pre-Pointe class is for Intermediate Ballet dancers interested in going en pointe. This class will teach strength and proper form as well as technique. Dancers must be evaluated by a physical therapist before going en pointe. The Pre-Pointe class is designed for intermediate level dancers only. Enrollment will be decided at the discretion of the Director and/or teacher. **Dancer must be enrolled in Ballet 2, Ballet 3 or Ballet 4 to be eligible for enrollment in the Pre-Pointe class.**

Dancers need to be in a black or their associated Ballet class colored leotard with pink tights. Black skirts may be worn over leotard. Pink Ballet shoes & Pointe shoes are required. Hair must be pulled back in a bun off the neck. **No dangly jewelry.**

Pointe 1/2

1hr

By Level

Pointe class is for the most advanced Ballet dancers. This class will teach strength and proper form as well as technique. Dancers must be evaluated by a physical therapist before going en pointe. The level 1/2 class is designed for advanced level dancers only. Enrollment will be decided at the discretion of the Director and/or teacher. **Dancers must be enrolled in Ballet 3 or Ballet 4 to be eligible for enrollment in a Pointe class.**

Dancers need to be in a black or their associated Ballet class colored leotard with pink tights. Black skirts may be worn over leotard. Pink Ballet shoes & Pointe shoes are required. Hair must be pulled back in a bun off the neck. **No dangly jewelry.**

Pointe 3/4

1hr

By Level

Pointe class is for the most advanced Ballet dancers. This class will teach strength and proper form as well as technique. Dancers must be evaluated by a physical therapist before going en pointe. The level 3/4 class is designed for advanced level dancers only. Enrollment will be decided at the discretion of the Director and/or teacher. **Dancers must be enrolled in Ballet 3 or Ballet 4 to be eligible for enrollment in a Pointe class.**

Dancers need to be in a black or their associated Ballet class colored leotard with pink tights. Black skirts may be worn over leotard. Pink Ballet shoes & pointe shoes are required. Hair must be pulled back in a bun off the neck. **No dangly jewelry.**

Contemporary 1

1hr

7-9yrs

Contemporary dance is a style of expressive dance that combines many other dance genres. This class is designed to facilitate a connection between the dancer, the music & emotional expression. The level 1 class is designed for beginning level dancers age 7-9yrs.

Dancers can wear any clothing that allows comfortable movement while covering the midriff & bottom. Apolla dance socks or bare feet are required. Hair must be pulled back. **No dangly jewelry.**



Contemporary 2 **1hr** **10yrs+**

Contemporary dance is a style of expressive dance that combines many other dance genres. This class is designed to facilitate a connection between the dancer, the music & emotional expression. The level 2 class is designed for beginning/intermediate level dancers age 10yrs+. It's strongly encouraged that dancers in this class are registered for an additional Ballet class.

Dancers can wear any clothing that allows comfortable movement while covering the midriff & bottom. Apolla dance socks are required. Hair must be pulled back.

No dangly jewelry.

Contemporary 3 **1hr** **By Level**

Contemporary dance is a style of expressive dance that combines many other dance genres. This class is designed to facilitate a connection between the dancer, the music & emotional expression. The level 3 class is designed for intermediate/advanced level dancers. Enrollment will be decided at the discretion of the Director and/or teacher.

Dancer must be enrolled in a Ballet class to be eligible for enrollment in this Contemporary class.

Dancers can wear any clothing that allows comfortable movement while covering the midriff & bottom. Apolla dance socks are required. Hair must be pulled back.

No dangly jewelry.

Contemporary 4 **1hr** **By Level**

Contemporary dance is a style of expressive dance that combines many other dance genres. This class is designed to facilitate a connection between the dancer, the music & emotional expression. The level 4 class is designed for advanced level dancers.

Enrollment will be decided at the discretion of the Director and/or teacher. **Dancer must be enrolled in a Ballet class to be eligible for enrollment in this Contemporary class.**

Dancers can wear any clothing that allows comfortable movement while covering most of the midriff & all of the bottom. Apolla dance socks are required. Hair must be pulled back. **No dangly jewelry.**

Jazz 1 **1hr** **7-9yrs**

Jazz classes teach basic to advanced terminology, technique & choreography. Dancers will warm up, stretch, condition, work on progressions across the floor and choreography. The level 1 class is designed for beginner level dancers age 7-9yrs.

Dancers can wear any clothing that allows comfortable movement while covering the midriff & bottom. Tan Jazz shoes are required. Hair must be pulled back. **No dangly jewelry.**



Jazz 2

1hr

10yrs+

Jazz classes teach basic to advanced terminology, technique & choreography. Dancers will warm up, stretch, condition, work on progressions across the floor and choreography. The level 2 class is designed for beginner/intermediate level dancers age 10yrs+.

Dancers can wear any clothing that allows comfortable movement while covering the midriff & bottom. Tan Jazz shoes are required. Hair must be pulled back. **No dangly jewelry.**

Jazz 3

1.25hrs

By Level

Jazz classes teach basic to advanced terminology, technique & choreography. Dancers will warm up, stretch, condition, work on progressions across the floor and choreography. The level 3 class is designed for intermediate level dancers. Enrollment will be decided at the discretion of the Director and/or teacher. It is strongly recommended that dancers in this class also enroll in Jazz Technique.

Dancers can wear any clothing that allows comfortable movement while covering the midriff & bottom. Tan Jazz shoes are required. Hair must be pulled back. **No dangly jewelry.**

Jazz 4

1.5hrs

By Level

Jazz classes teach basic to advanced terminology, technique & choreography. Dancers will warm up, stretch, condition, work on progressions across the floor and choreography. The level 4 class is designed for advanced level dancers. Enrollment will be decided at the discretion of the Director and/or teacher. **Dancers must also be enrolled in Jazz Technique.**

Dancers can wear any clothing that allows comfortable movement while covering most of the midriff & all of the bottom. Tan Jazz shoes are required. Hair must be pulled back. **No dangly jewelry.**

Jazz Technique

1hr

By Level

Jazz classes teach basic to advanced terminology, technique & choreography. Dancers will warm up, stretch, condition, work on progressions across the floor and choreography. This class will focus on foundational Jazz technique & will not have a recital piece. Jazz 4 dancers must be enrolled in this class & it is highly encouraged for Jazz 3 dancers to enroll as well. Enrollment will be decided at the discretion of the Director and/or teacher.

Dancers can wear any clothing that allows comfortable movement while covering most of the midriff & all of the bottom. Tan Jazz shoes are required. Hair must be pulled back. **No dangly jewelry.**



Tap 1 **1hr** **7-9yrs**

Tap classes teach basic to advanced terminology, technique & choreography. Students will work on various rhythms, traditional timesteps, progressions across the floor & contemporary tap tricks. The level 1 class is designed for beginner level dancers age 7-9yrs.

Dancers can wear any clothing that allows comfortable movement while covering the midriff & bottom. Black Tap shoes are required. Hair must be pulled back. **No dangly jewelry.**

Tap 2 **1hr** **10yrs+**

Tap classes teach basic to advanced terminology, technique & choreography. Students will work on various rhythms, traditional timesteps, progressions across the floor & contemporary tap tricks. The level 2 class is designed for beginning/intermediate level dancers age 10yrs+.

Dancers can wear any clothing that allows comfortable movement while covering the midriff & bottom. Black Tap shoes are required. Hair must be pulled back. **No dangly jewelry.**

Tap 3 **1hr** **By Level**

Tap classes teach basic to advanced terminology, technique & choreography. Students will work on various rhythms, traditional timesteps, progressions across the floor & contemporary tap tricks. The level 3 class is designed for intermediate level dancers. Enrollment will be decided at the discretion of the Director and/or teacher.

Dancers can wear any clothing that allows comfortable movement while covering the midriff & bottom. Black Tap shoes are required. Hair must be pulled back. **No dangly jewelry.**

Tap 4 **1hr** **By Level**

Tap classes teach basic to advanced terminology, technique & choreography. Students will work on various rhythms, traditional timesteps, progressions across the floor & contemporary tap tricks. The level 4 class is designed for advanced level dancers. Enrollment will be decided at the discretion of the Director and/or teacher.

Dancers can wear any clothing that allows comfortable movement while covering most of the midriff & all of the bottom. Black Tap shoes are required. Hair must be pulled back. **No dangly jewelry.**



Hip Hop 1 **1hr** **7-9yrs**

Hip Hop is a high energy, fast paced class that teaches contemporary dance movement. Students will learn the newest dance moves to current, appropriate music. Everything from old school Hip Hop moves to basic Break Dancing will be explored. The level 1 class is designed for beginner level dancers age 7-9yrs.

Dancers can wear any clothing that allows comfortable movement while covering the midriff & bottom. All black (including the sole & laces) Hip Hop sneakers are required. Hair must be pulled back. **No dangly jewelry.**

Hip Hop 2 **1hr** **10yrs+**

Hip Hop is a high energy, fast paced class that teaches contemporary dance movement. Students will learn the newest dance moves to current, appropriate music. Everything from old school Hip Hop moves to basic Break Dancing will be explored. The level 2 class is designed for beginner/intermediate level dancers age 10yrs+.

Dancers can wear any clothing that allows comfortable movement while covering the midriff & bottom. All black (including the sole & laces) Hip Hop sneakers are required. Hair must be pulled back. **No dangly jewelry.**

Hip Hop 3 **1hr** **By Level**

Hip Hop is a high energy, fast paced class that teaches contemporary dance movement. Students will learn the newest dance moves to current, appropriate music. Everything from old school Hip Hop moves to basic Break Dancing will be explored. The level 3 class is designed for intermediate level dancers. Enrollment will be decided at the discretion of the Director and/or teacher.

Dancers can wear any clothing that allows comfortable movement while covering the midriff & bottom. All black (including the sole & laces) Hip Hop sneakers are required. Hair must be pulled back. **No dangly jewelry.**

Hip Hop 4 **1hr** **By Level**

Hip Hop is a high energy, fast paced class that teaches contemporary dance movement. Students will learn the newest dance moves to current, appropriate music. Everything from old school Hip Hop moves to basic Break Dancing will be explored. The level 4 class is designed for advanced level dancers. Enrollment will be decided at the discretion of the Director and/or teacher.

Dancers can wear any clothing that allows comfortable movement while covering most of the midriff & all of the bottom. All black (including the sole & laces) Hip Hop sneakers are required. Hair must be pulled back. **No dangly jewelry.**



Medley

45min

8yrs+

Medley is our voice class. This class has been created for those students that have a strong desire to sing & learn basic music concepts. Students will learn healthy vocal techniques as well as how to harmonize & sing with a group. A variety of musical genres will be covered.

Voice students can wear any clothing that allows comfortable movement while covering the midriff & bottom. Tan Jazz shoes are required. Hair must be pulled back. **No dangly jewelry.**

Triple Threat 1

1hr

7-9yrs

Triple Threat is a Musical Theatre class that focuses on Broadway style dance and performance genres. Acting and voice lessons will rotate among movement lessons. Students will learn choreography and music from past and present Broadway musicals. The level 1 class is designed for beginner level performers age 7-9yrs.

Dancers can wear any clothing that allows comfortable movement while covering the midriff & bottom. Tan Jazz shoes are required. Hair must be pulled back. **No dangly jewelry.**

Triple Threat 2

1hr

10yrs+

Triple Threat is a Musical Theatre class that focuses on Broadway style dance and performance genres. Acting and voice lessons will rotate among movement lessons. Students will learn choreography and music from past and present Broadway musicals. The level 2 class is designed for beginner/intermediate level performers age 10yrs+.

Dancers can wear any clothing that allows comfortable movement while covering the midriff & bottom. Tan Jazz shoes are required. Hair must be pulled back. **No dangly jewelry.**

Triple Threat 3

1hr

By Level

Triple Threat is a Musical Theatre class that focuses on Broadway style dance and performance genres. Acting and voice lessons will rotate among movement lessons. Students will learn choreography and music from past and present Broadway musicals. The level 3 class is designed for intermediate level performers. Enrollment will be decided at the discretion of the Director and/or teacher.

Dancers can wear any clothing that allows comfortable movement while covering the midriff & bottom. Tan Jazz shoes are required. Hair must be pulled back. **No dangly jewelry.**



Triple Threat 4

1hr

By Level

Triple Threat is a Musical Theatre class that focuses on Broadway style dance and performance genres. Acting and voice lessons will rotate among movement lessons. Students will learn choreography and music from past and present Broadway musicals. The level 4 class is designed for advanced level performers. Enrollment will be decided at the discretion of the Director and/or teacher.

Dancers can wear any clothing that allows comfortable movement while covering most of the midriff & all of the bottom. Tan Jazz shoes & character shoes are required. Hair must be pulled back. **No dangly jewelry.**

Pom 1

1hr

7-9yrs

This class will explore the different variations of dance for dance team or future dance team members. Students will learn musicality, coordination, improv & basic motor skills. Pom technique will be the focus, but a variety of dance team styles will be covered. The level 1 class is designed for beginner/intermediate dancers.

Dancers can wear any clothing that allows comfortable movement while covering the midriff & bottom. Clean soled sneakers are required; specific shoes will be ordered for recital. Hair must be pulled back. **No dangly jewelry.**

Pom 2/3

1hr

10yrs+

This class will explore the different variations of dance for dance team or future dance team members. Students will learn musicality, coordination, improv & basic motor skills. Pom technique will be the focus, but a variety of dance team styles will be covered. The level 2/3 class is designed for intermediate/advanced dancers.

Dancers can wear any clothing that allows comfortable movement while covering the midriff & bottom. Clean soled sneakers are required; specific shoes will be ordered for recital. Hair must be pulled back. **No dangly jewelry.**

Pom 4

1hr

By Level

This class will explore the different variations of dance for dance team or future dance team members. Students will learn musicality, coordination, improv & basic motor skills. Pom technique will be the focus, but a variety of dance team styles will be covered. The level 4 class is designed for advanced dancers.

Dancers can wear any clothing that allows comfortable movement while covering most of the midriff & all of the bottom. Clean soled sneakers are required; specific shoes will be ordered for recital. Hair must be pulled back. **No dangly jewelry.**



Acro 1

1hr

By Level*

This class is designed to help dancers feel comfortable with their body while moving upside down & through space. They will condition their bodies to be able to perform safe acro movements such as walkovers, aerials & other acro tricks. Strength & flexibility will be focused on in this class. The level 1 class is designed for beginning dancers.

Dancers can wear any form fitting athletic clothing that allows comfortable movement while covering the midriff & bottom. Bare feet are required. Hair must be pulled back.

No dangly jewelry.

Acro 2/3

1hr

By Level*

This class is designed to help dancers feel comfortable with their body while moving upside down & through space. They will condition their bodies to be able to perform safe acro movements such as walkovers, aerials & other acro tricks. Strength & flexibility will be focused on in this class. The level 2/3 class is designed for intermediate dancers.

Dancers can wear any form fitting athletic clothing that allows comfortable movement while covering the midriff & bottom. Bare feet are required. Hair must be pulled back.

No dangly jewelry.

Acro 4

1hr

By Level*

This class is designed to help dancers feel comfortable with their body while moving upside down & through space. They will condition their bodies to be able to perform safe acro movements such as walkovers, aerials & other acro tricks. Strength & flexibility will be focused on in this class. The level 4 class is designed for advanced dancers.

Dancers can wear any form fitting athletic clothing that allows comfortable movement while covering the midriff & bottom. Bare feet are required. Hair must be pulled back.

No dangly jewelry.

Private Lessons

30min/1hr

7yrs+

Private Lessons are designed for the serious dancer that wants personalized instruction in any genre of dance, acting, voice or piano. They can be arranged for 25min or 55min lessons. Private Lessons can be purchased as a package of 4 - if time permits - or arranged as a weekly lesson. Weekly lessons of at least 55min will have a solo in the annual recital. Choreography fees may apply.

Dancers can wear any clothing that allows comfortable movement while covering the midriff & bottom. Required shoes are dependent upon the style of dance. Hair must be pulled back. **No dangly jewelry.**



Performance Company

1.5-2hrs

9yrs+

Performance Company will provide focused dancers with an opportunity to perform around the community. Dancers will meet on Tuesday to learn and perfect choreography in preparation for various events - Griz games, parades, fairs & other events. Dancers must be enrolled in Ballet & Triple Threat. Jazz, Tap, Hip Hop, Voice and Acting lessons are strongly recommended. Company fees TBD. Enrollment will be decided during a spring audition as well as at the discretion of the Director.

Dancers can wear any clothing that allows comfortable movement while covering the midriff & bottom. Required shoes are dependent upon the style of dance. Hair must be pulled back. **No dangly jewelry.**

Competition Company

1.5-2hrs

By Level

Competition Company will provide the most focused and advanced dancers with an opportunity to compete at local, regional & national levels. Dancers will meet on Monday to learn and perfect choreography in preparation for various competitions & events. Performance Company membership is mandatory. Dancers must be enrolled in Ballet, Jazz, Tap & Triple Threat. Contemporary, Hip Hop, Acro, Voice and Acting lessons are strongly recommended. Company fees TBD. Enrollment will be decided during a spring audition as well as at the discretion of the Director.

Dancers can wear any clothing that allows comfortable movement while covering most of the midriff & all of the bottom. Required shoes are dependent upon the style of dance. Hair must be pulled back. **No dangly jewelry.**

*Acro levels are at the discretion of the Director & will be assessed on Levels Day prior to the start of the season. Levels Day will be held in the month of August. Date TBD.

NOTE: Every class will end 5min early to account for transitional time between classes.